## Adrian's Laws by Adrian Law

Transcription
1
00:00:00,000 --> 00:00:04,790
AND I'VE LOOKED AT SOME OF THE LEARNINGS

2
00:00:04,791 --> 00:00:07,720
THAT I'VE HAD IN THE JOURNEY UP UNTIL

3
00:00:07,721 --> 00:00:08,370
NOW, REALLY.

```
4
00:00:08,371 --> 00:00:10,600
AND HOPEFULLY THIS CAN BE BENEFICIAL FOR YOU.
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5
00:00:10,601 --> 00:00:12,270
DO YOU MIND HANDING THE HANDOUTS OUT

## 6

00:00:12,271 --> 00:00:13,090
NOW, ANTHONY?

00:00:13,100 --> 00:00:14,890
JUST SOME BRIEF HANDOUT CALLED THEM

8
00:00:14,891 --> 00:00:17,350
"ADRIAN'S LAWS." MY SURNAME IS LAW,

9

00:00:17,351 --> 00:00:18,210
SO PARDON THE PUN.

10
00:00:19,520 --> 00:00:20,640
I THOUGHT IT WAS CLEVER.

11
00:00:24,030 --> 00:00:25,670
UNTIL RECENTLY,

12
00:00:25,671 --> 00:00:28,340
I HAD "LAW" ON MY NUMBER PLATES AND |

13
00:00:28,341 --> 00:00:29,400
NEVER THOUGHT ABOUT THIS.

00:00:29,401 --> 00:00:31,620
BUT SO MANY PEOPLE THINK I'M A LAWYER.

15
00:00:32,730 --> 00:00:34,000
I DON'T KNOW IF THAT WAS A GOOD THING OR NOT.

16
00:00:34,001 --> 00:00:35,400
IS THERE ANY LAWYERS IN THE HOUSE?

17
00:00:35,401 --> 00:00:37,740
ANY LAWYERS AT HOME TYPE IN "LAWYER."

18
00:00:37,741 --> 00:00:40,250
AT LEAST MY HOUSE HASN'T BEEN ROBBED.

19
00:00:40,251 --> 00:00:41,730
IT'S A GOOD THING.

20
00:00:42,570 --> 00:00:43,630
OKAY, SO SUPER QUICK.

21
00:00:43,631 --> 00:00:43,900

HOPEFULLY,

22
00:00:43,901 --> 00:00:44,610
THIS CAN HELP.

23
00:00:44,620 --> 00:00:46,640
OFTEN THE REASON FOR TRAINING,

## 24

00:00:46,641 --> 00:00:48,440
ESPECIALLY WITH PEOPLE LIKE YOURSELVES.

25
00:00:48,441 --> 00:00:49,070
VERY SMART,

26
00:00:49,080 --> 00:00:50,470
EDUCATED PEOPLE.

27
00:00:50,610 --> 00:00:51,740
AND WHEN I SAY EDUCATED,

28
00:00:51,741 --> 00:00:54,070
I'M NOT TALKING ABOUT ACADEMIC NECESSARILY.

00:00:54,080 --> 00:00:56,130
I'M TALKING ABOUT LIFE BUSINESSES.

30
00:00:56,140 --> 00:00:58,640
UH, THAT'S A WHOLE DEGREE IN ITSELF,

31
00:00:58,641 --> 00:00:59,150
ISN'T IT?

32
00:01:00,110 --> 00:01:02,650
BUT I HIGHLY RECOMMEND AS A RELEARNING THAT

33
00:01:02,651 --> 00:01:04,270
YOU GET OUTSIDE YOUR COMFORT ZONE AS

34
00:01:04,271 --> 00:01:05,020
MUCH AS YOU CAN.

35
00:01:06,040 --> 00:01:07,380
SHOULD BE THREE PAGES.

00:01:07,480 --> 00:01:08,800
ONE CALLED ADRIAN'S LAWS.

37
00:01:08,801 --> 00:01:09,600
YEAH, YOU GOT THAT?

38
00:01:10,820 --> 00:01:13,560
WHAT I'VE NOTICED AND PLEASE LET ME

39
00:01:13,561 --> 00:01:15,720
KNOW IF THIS IS THE SAME FOR YOU AS WELL.

40
00:01:15,721 --> 00:01:17,730
IT DOESN'T ALWAYS HAPPEN.

41
00:01:17,740 --> 00:01:19,410
BUT WHEN I'VE ACHIEVED THE MOST IN

42
00:01:19,411 --> 00:01:23,250
MY LIFE IS WHEN I GOT OUTSIDE MY COMFORT

00:01:23,251 --> 00:01:24,240
ZONE THE MOST.

## 44

00:01:25,070 --> 00:01:26,260
WHO KNOWS WHAT I'M TALKING ABOUT?

45
00:01:26,261 --> 00:01:26,880
RAISE YOUR HAND.

46
00:01:26,980 --> 00:01:28,420
IS THAT TRUE FOR YOU AS WELL?

47
00:01:28,421 --> 00:01:32,640
YES OR NO? TYPE IN YES OR NO AT HOME AS WELL.

48
00:01:32,641 --> 00:01:33,920
SO, GET OUTSIDE YOUR COMFORT ZONE

49
00:01:33,921 --> 00:01:36,930
MORE REGULARLY BECAUSE WHAT HAPPENS IS

50
00:01:36,931 --> 00:01:38,430

AND IF YOU'VE BACKPACKED TO (SOME OF

51
00:01:38,431 --> 00:01:40,220
YOU SAID YOU HAD) AROUND THE WORLD.

52
00:01:40,230 --> 00:01:41,550
WHEN YOU'RE IN FOREIGN COUNTRIES,

## 53

00:01:41,551 --> 00:01:43,180
YOU CAN'T EVEN SPEAK THE LANGUAGE.

54
00:01:43,190 --> 00:01:43,610 NOT HERE,

55
00:01:43,611 --> 00:01:45,400
BUT AUSTRALIAN WAS TOUGH,

56
00:01:45,410 --> 00:01:46,190
TO BE FAIR.

57
00:01:47,460 --> 00:01:49,080
THERE'S SO MANY WORDS THAT HAVE DIFFERENT

00:01:49,081 --> 00:01:49,940
MEANING. IT'S INCREDIBLE,

59
00:01:49,941 --> 00:01:51,290
BUT I'M TALKING MORE IN ASIA.

60
00:01:52,540 --> 00:01:53,920
BUT YOUR COMFORT ZONE'S OUT HERE,

61
00:01:53,930 --> 00:01:55,730
YOU'VE GOT TO ASK EVERYBODY FOR DIRECTIONS

62
00:01:55,731 --> 00:01:56,840
AND ALL THAT KIND OF STUFF.

63
00:01:56,850 --> 00:01:57,280
BUT THEN,

64
00:01:57,281 --> 00:01:58,810
WHEN I GOT SETTLED IN SYDNEY AND SEE

00:01:58,811 --> 00:02:00,740
IF THIS HAS HAPPENED TO YOU, AS SOON AS

66
00:02:00,741 --> 00:02:01,300
I GOT SETTLED,

67
00:02:01,301 --> 00:02:02,840
GOT THE APARTMENT AND THE JOB AND EVERYTHING.

68
00:02:02,841 --> 00:02:05,380
YOUR COMFORT ZONE SHRINKS AND IT DOESN'T

69
00:02:05,381 --> 00:02:06,550
STAY THE SAME.

70
00:02:06,560 --> 00:02:08,270
YES, YOU GET COMFORTABLE,

71
00:02:08,280 --> 00:02:09,730
BUT IF YOU DON'T STRETCH IT,

00:02:09,740 --> 00:02:11,130
IT ACTUALLY SHRINKS FURTHER,

## 73

00:02:11,300 --> 00:02:12,910 AND COVID HASN'T HELPED WITH THAT WITH

74
00:02:12,911 --> 00:02:15,680
LOCKDOWNS AND THINGS. THAT THE INTROVERTS IN

75
00:02:15,681 --> 00:02:16,940
THE ROOM OR AT HOME,

## 76

00:02:16,950 --> 00:02:19,040
DID YOU BECOME LESS INTROVERTED OR

77
00:02:19,041 --> 00:02:21,150
MORE INTROVERTED THROUGH COVID LOCKDOWN?

78
00:02:21,380 --> 00:02:22,480
WHAT DO YOU THINK?

79
00:02:22,670 --> 00:02:24,040

YEAH, IT'S JUST WHAT HAPPENS.

80
00:02:24,041 --> 00:02:24,980 YOU GOTTA STRETCH THAT.

81

00:02:24,981 --> 00:02:26,260
IT'S REALLY IMPORTANT.

82
00:02:26,261 --> 00:02:27,980
HAVE LOTS OF LEARNINGS.

83
00:02:28,900 --> 00:02:30,600 I COULD HAVE CAUGHT THIS MISTAKES,

84
00:02:31,540 --> 00:02:34,480
BUT IF YOU LEARN FROM THEM INSTEAD OF

85
00:02:34,490 --> 00:02:35,650
KEEP REPEATING THEM,

86
00:02:35,651 --> 00:02:36,950
AND THAT'S WHAT WE TEND TO DO AS HUMAN

00:02:36,951 --> 00:02:39,890
BEINGS, WE TEND TO REPEAT A LOT OF

88
00:02:39,891 --> 00:02:41,920
MISTAKES BECAUSE WE HAVEN'T LEARNED IN

89
00:02:41,921 --> 00:02:42,620
THE FIRST PLACE.

90
00:02:42,720 --> 00:02:43,960
IT'S LIKE YOU GET A TAP ON THE SHOULDER,

91

00:02:43,961 --> 00:02:44,540
DON'T YOU?

92
00:02:44,580 --> 00:02:45,810
AND THEN THAT TAP GOES,

93
00:02:47,640 --> 00:02:49,170
AND THEN YOU GET A LAM OF TWO BY FOUR.

00:02:49,180 --> 00:02:50,980
"ARE YOU LISTENING TO ME?"

95
00:02:51,740 --> 00:02:53,220
BE CURIOUS.

96
00:02:54,250 --> 00:02:55,980
IT'S A TRAIT I LOVE ABOUT MYSELF THERE'S

97
00:02:55,981 --> 00:02:58,060
A FEW I DON'T LIKE. BUT BEING CURIOUS IS

98
00:02:58,061 --> 00:03:00,450
ONE THAT I DO LIKE BEING CURIOUS OF

99
00:03:00,460 --> 00:03:01,140
WITH NIELSEN,

100
00:03:01,141 --> 00:03:01,730
FOR EXAMPLE,

101

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00:03:01,731 --> 00:03:04,540
AND LEARNING FROM OTHER PEOPLE CURIOUS
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102
00:03:04,541 --> 00:03:05,750 ABOUT LIFE.

103
00:03:05,760 --> 00:03:07,340 I DISCOVERED MODELLING,

104
00:03:07,590 --> 00:03:09,150
AND I'M NOT TALKING ABOUT THE CATWALK.

105
00:03:09,160 --> 00:03:12,240
I'VE GOT A RADIO FACE.

106
00:03:12,241 --> 00:03:14,880
THAT MODELLING IS AN NLP TERM.

107
00:03:14,881 --> 00:03:16,130
IF YOU'RE FAMILIAR WITH NLP,

108
00:03:17,220 --> 00:03:17,860

IN ESSENCE,

109
00:03:17,861 --> 00:03:19,930
IT'S STUDYING EXCELLENCE,

110
00:03:20,490 --> 00:03:24,130
AND IT'S NOT ABLE TO GO INTO DEPTH IN

11
00:03:24,131 --> 00:03:25,780
THIS SESSION BECAUSE IT'S TOO SHORT.

112
00:03:26,090 --> 00:03:26,750
BUT IN ESSENCE,

113
00:03:26,751 --> 00:03:27,820
IT'S LEARNING FROM PEOPLE,

114
00:03:27,821 --> 00:03:29,050
AS I MENTIONED BEFORE THAT HAVE THE

115
00:03:29,051 --> 00:03:30,510
RESULTS THAT YOU WANT.

116
00:03:31,620 --> 00:03:33,070
I'VE DONE IT IN SO MANY AREAS OF MY

117
00:03:33,071 --> 00:03:36,830
LIFE, AND WE'LL CONTINUE TO.

118
00:03:37,470 --> 00:03:38,390
I DID IT WITH SNOOKER,

119
00:03:38,910 --> 00:03:39,810
WITH SALES,

120
00:03:41,940 --> 00:03:44,290
I EVEN HAD SOMEBODY YEARS AGO.

121
00:03:44,300 --> 00:03:46,250
THAT KIND OF HAD THE LIFESTYLE THAT I

122
00:03:46,251 --> 00:03:48,030
WANTED AND I STARTED HANGING OUT WITH

00:03:48,031 --> 00:03:48,870
HIM ON PURPOSE.

124
00:03:48,880 --> 00:03:49,640
BELIEVE IT OR NOT,

125
00:03:49,641 --> 00:03:50,630
IT SOUNDS KIND OF STALKER ISH.

126
00:03:50,631 --> 00:03:51,450
IT WASN'T MEANT TO BE,

127
00:03:51,451 --> 00:03:53,130
BUT I BOUGHT AN APARTMENT IN THE SAME

128
00:03:53,131 --> 00:03:53,870
STREET AS HIM,

129
00:03:54,780 --> 00:03:56,380
BUT I WENT TO THE GYM WITH HIM.

130

00:03:56,381 --> 00:03:57,600
I FOUND OUT WHAT HE LISTENED TO.

131
00:03:57,601 --> 00:03:59,080
HE WASN'T LISTENING TO MUSIC WHEN HE

132
00:03:59,081 --> 00:04:01,340
TRAINED. HE WAS LISTENING TO PODCASTS.

133
00:04:01,510 --> 00:04:02,890
BUSINESS AUDIOS.

134
00:04:02,891 --> 00:04:04,460
I SAW WHO HE HUNG OUT WITH.

135
00:04:05,020 --> 00:04:07,210
IT'S INCREDIBLE BEES OF A FEATHER.

136
00:04:07,220 --> 00:04:07,770
WHAT'S THAT?

137
00:04:07,771 --> 00:04:09,210
"BIRDS OF A FEATHER FLOCK TOGETHER"

138
00:04:09,211 --> 00:04:10,790
AS YOU ASSOCIATE YOU BECOME.

139
00:04:10,800 --> 00:04:12,190
THAT'S WHY THIS IS SO AMAZING.

140
00:04:12,191 --> 00:04:13,070
BUSINESS BLUEPRINT.

141
00:04:13,080 --> 00:04:14,821
TAKE ACTION.

142
00:04:14,822 --> 00:04:16,880
AGAIN, HOW FAMILIAR ARE WE WITH THAT?

143
00:04:16,890 --> 00:04:17,770
BUT AGAIN,

144
00:04:17,771 --> 00:04:19,220
WE LOOK AT MY OWN LIFE WHEN I'VE ACHIEVED

00:04:19,221 --> 00:04:20,080
THE MOST.

146
00:04:20,220 --> 00:04:21,360
DO YOU GO TAKING MORE ACTION OR

147
00:04:21,361 --> 00:04:23,400
LESS ACTION? WHEN YOU'VE ACHIEVED THE MOST,

148
00:04:23,401 --> 00:04:24,430
ARE YOU TAKING ACTION?

149
00:04:25,130 --> 00:04:25,840
OF COURSE.

150
00:04:26,700 --> 00:04:28,350
GROW YOUR TEAM.

151
00:04:28,700 --> 00:04:30,500
AND WHEN I SAY GROW YOUR TEAM,

00:04:30,810 --> 00:04:34,040
I'M TALKING TWO FOLD. ONE IS DEVELOP THEM.

153
00:04:34,620 --> 00:04:36,440
DEVELOP YOURSELF WHAT YOU'RE DOING ALREADY,

154
00:04:36,441 --> 00:04:37,910
BUT IF YOU HAVE A TEAM ALREADY,

155
00:04:37,930 --> 00:04:39,740
YOU'VE GOT TO DEVELOP THEM,

156
00:04:39,750 --> 00:04:41,100
ESPECIALLY IN SALES.

157
00:04:41,110 --> 00:04:42,200
SALES IS TOUGH.

158
00:04:42,230 --> 00:04:43,480
SALES CAN BE REALLY TOUGH,

00:04:43,490 --> 00:04:44,610
ESPECIALLY MENTALLY.

160
00:04:44,730 --> 00:04:46,070
WE'RE GOING TO HEAR A LOT MORE "NOS"

161
00:04:46,071 --> 00:04:47,700
THAN "YESES" IF YOU'RE IN SALES RIGHT

162
00:04:47,701 --> 00:04:49,050
NOW, YOU KNOW THAT TO BE TRUE.

163
00:04:50,150 --> 00:04:52,180
ONCE YOU KNOW HOW TO SELL EFFECTIVELY,

164
00:04:52,190 --> 00:04:53,950
IT'S 80\% PLUS UP HERE.

165
00:04:55,310 --> 00:04:58,710
AND WHEN WE COACH AND TRAIN PEOPLE FROM

166
00:04:58,711 --> 00:04:59,660

ALL OVER,

167
00:04:59,950 --> 00:05:03,470
IT DOESN'T MATTER WHAT COUNTRY OFTEN

168
00:05:03,471 --> 00:05:04,140
IT'S STUFF IN HERE.

169
00:05:04,141 --> 00:05:06,290
OFTEN I'M USING A TERM CALLED REFRAMING.

170
00:05:06,291 --> 00:05:07,000
YOU'RE FAMILIAR WITH THAT?

171
00:05:07,001 --> 00:05:09,080
I'M OFTEN REFRAMING SOMEBODY'S THINKING

172
00:05:09,460 --> 00:05:10,860
HOW THEY'RE LOOKING AT SOMETHING,

173
00:05:10,861 --> 00:05:14,930
HOW THEY'RE PERCEIVING IT AND JUST A

174
00:05:14,940 --> 00:05:15,400
LITTLE TIP,

175
00:05:15,401 --> 00:05:17,240
SOMETHING I LEARNED ALONG THE WAY.

176
00:05:17,250 --> 00:05:18,370
I DON'T KNOW IF THIS APPLIES TO YOU.

177
00:05:18,371 --> 00:05:19,600
IT MAY NOT APPLY TO ALL OF YOU,

178
00:05:19,601 --> 00:05:21,400
BUT HOPEFULLY IT DOES SOME AND YOU CAN

179
00:05:21,401 --> 00:05:22,520
TAKE VALUE FROM IT.

180
00:05:23,290 --> 00:05:27,130
I NOTICED IN MY BUSINESS THAT WHENEVER I

00:05:27,131 --> 00:05:29,970
TURNED UP TO A MEETING WITH A POTENTIAL CLIENT,

182
00:05:30,020 --> 00:05:31,200
IF WE WON THE BUSINESS,

183
00:05:31,201 --> 00:05:33,460
THEY ALWAYS WANTED ME TO BE THEIR TRAINER.

184
00:05:33,550 --> 00:05:36,940
ALWAYS. OCCASIONALLY HAVEN'T DONE IT

185
00:05:36,941 --> 00:05:37,350
FOR A WHILE,

186
00:05:37,351 --> 00:05:40,540
BUT WE WOULD OFFER A FREE PRESENTATION WITH

187
00:05:40,541 --> 00:05:42,360
THE UNDERSTANDING AT THE END OF IT.

00:05:42,370 --> 00:05:44,380
IF EVERYONE LIKED WHAT THEY SAW AND

189
00:05:44,381 --> 00:05:44,780
WE GOT ON,

190
00:05:44,781 --> 00:05:47,570
WELL, THAT THEY WOULD BECOME A CLIENT TO

191
00:05:47,571 --> 00:05:49,450
OFFER WOULD GIVE UP TO AN HOUR'S FREE

192
00:05:49,451 --> 00:05:50,430
PRESENTATION.

193
00:05:50,440 --> 00:05:52,260
I WOULD GENERALLY DO THAT,

194
00:05:52,270 --> 00:05:53,920
AND EVERY TIME I DID IT WHEN WE WON

195
00:05:53,921 --> 00:05:54,440

THE BUSINESS,

196
00:05:54,450 --> 00:05:55,400
WHO DID THEY WANT?

197
00:05:56,490 --> 00:05:59,530
BUT I ALSO NOTICED WHEN I HAD STAFF THAT

198
00:05:59,531 --> 00:06:01,890
WHEN I SENT THEM TO THE MEETING OR

199
00:06:01,891 --> 00:06:03,420
THEY DID THE HOUR PRESENTATION,

200
00:06:04,030 --> 00:06:05,550
THE BUSINESS OWNER WANTED THEM.

201
00:06:07,530 --> 00:06:09,080
IF YOU PUT YOUR HAND UP BEFORE ABOUT WANTING

202
00:06:09,081 --> 00:06:09,790
MORE FREEDOM,

203
00:06:09,800 --> 00:06:11,460
WHO DO WE NEED TO START SENDING TO

204
00:06:11,461 --> 00:06:12,140
THOSE MEETINGS?

205
00:06:13,630 --> 00:06:15,000
IT'S NOT AN EASY THING IF YOU'VE NEVER

206
00:06:15,001 --> 00:06:17,240
DONE IT, BUT I'M HIGHLY RECOMMENDING

207
00:06:17,241 --> 00:06:18,100
IT WHEN YOU DO IT RIGHT.

