## Art of War by Adrian Law

## Transcription

00:00:00,000 --> 00:00:00,700 GOOD MORNING.

2

00:00:00,701 --> 00:00:02,900
I HOPE YOU'RE WELL AND HAD A GREAT WEEKEND.

3

00:00:02,910 --> 00:00:04,750
I'VE GOT THREE QUICK THINGS TODAY TO

## 4

00:00:04,751 --> 00:00:06,970
SHARE WITH YOU THAT ARE GONNA MAKE YOURS

5
00:00:06,980 --> 00:00:09,320
AND POTENTIALLY EVEN YOUR CLIENT'S LIVES

6

00:00:09,330 --> 00:00:11,237
A LITTLE BIT EASIER.

00:00:11,238 --> 00:00:12,439
BY "EASIER",

8
00:00:12,440 --> 00:00:14,630
I MEAN, LESS STRESS,

9
00:00:14,631 --> 00:00:17,020
LESS ANGST, MORE PRODUCTIVITY,

10
00:00:17,030 --> 00:00:18,940
JUST EASIER IN GENERAL.

11

00:00:18,950 --> 00:00:19,840
SOUND GOOD?

12
00:00:19,850 --> 00:00:20,190
OKAY, STAY TUNED.

13
00:00:28,440 --> 00:00:31,260

I'LL EXPLAIN WHY I CAME UP WITH THIS YESTERDAY.

14
00:00:31,270 --> 00:00:32,810
LET'S SAY AT HOME,

15
00:00:32,811 --> 00:00:34,550
BUT WE ACTUALLY HAD A WELL,

16
00:00:34,560 --> 00:00:36,000
LET'S NOT JUST SAY, WE DID.

17
00:00:36,010 --> 00:00:39,440
WE HAD A MAJOR ISSUE WITH THE PLUMBING,

18
00:00:39,450 --> 00:00:40,120
IF YOU LIKE.

19
00:00:40,121 --> 00:00:41,900
WITH OUR DRAINAGE SYSTEM IN OUR HOME.

20
$00: 00: 41,910$--> 00:00:42,940
FOR EXAMPLE,

21
00:00:42,941 --> 00:00:44,350
IF I TOLD YOU WHAT WAS COMING OUT OF

22
00:00:44,351 --> 00:00:45,300
OUR KITCHEN SINK,

23
00:00:45,320 --> 00:00:47,700
THEN IT WOULD PUT YOU OFF YOUR BREAKFAST,

24
00:00:47,710 --> 00:00:49,770
SO I'M NOT GOING TO SHARE THAT.

25
00:00:49,780 --> 00:00:50,560
BUT BASICALLY,

26
00:00:50,561 --> 00:00:52,660
WE HAD TO PAY WEEKEND RATES TO GET THE

27
00:00:52,670 --> 00:00:54,690
DRAINAGE GUY PLUMBER TO COME OUT,

28
00:00:54,700 --> 00:00:56,428
AND HE THOUGHT IT WAS GONNA BE A QUICK JOB,

29
00:00:56,429 --> 00:00:57,830
OVER SIX HOURS LATER,

30
00:00:57,831 --> 00:01:00,600
HE'S THERE WITH A COLLEAGUE, STILL THERE,

31

00:01:00,610 --> 00:01:02,170
HAVING NOT FIXED THE PROBLEM.

32
00:01:02,180 --> 00:01:03,220
HOW COME?

33
00:01:03,230 --> 00:01:05,900
WELL, WHAT HE SHARED WITH US IS THAT

00:01:05,910 --> 00:01:07,240
TWO THINGS: FIRSTLY,

35
00:01:07,241 --> 00:01:08,780
WHEN THEY BUILT THE HOUSE,

36
00:01:09,010 --> 00:01:12,400
THE PLUMBING WASN'T BUILT FOR ANY FUTURE

37
00:01:12,410 --> 00:01:14,740
ISSUES. SO HE SAID THERE WAS A MAJOR LACK

38
00:01:14,750 --> 00:01:17,450
OF ACCESS POINTS TO BE ABLE TO ACCESS THE

39
00:01:17,451 --> 00:01:19,600
PIPES. THERE WAS A LOT OF SWEARING GOING

40
00:01:19,601 --> 00:01:20,490

ON FROM HIM,

```
4 1
00:01:20,500 --> 00:01:22,460
A LOT OF FRUSTRATION GOING ON,
4 2
00:01:22,560 --> 00:01:24,660
AND IT JUST WAS DIFFICULT.
4 3
00:01:24,670 --> 00:01:27,720
ENDED UP BEING TREE ROOTS IN OUR PIPES.
4 4
00:01:27,730 --> 00:01:31,100
BUT THERE'S NO OVERFLOW OUTLETS SO
4 5
00:01:31,101 --> 00:01:32,510
THAT'S GOT TO SORT OF BE PUT IN 46
00:01:32,511 --> 00:01:33,560
PLACE IF THERE'S MORE ISSUES.
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00:01:33,561 --> 00:01:33,990
BUT ANYWAY,

48
00:01:33,991 --> 00:01:35,190
HOW DOES THAT AFFECT YOU?

49
00:01:35,460 --> 00:01:37,980
WELL, IMAGINE IF THEY BUILT THE HOUSE

50
00:01:37,990 --> 00:01:39,750
AND WHEN THE PLUMBING WAS DONE,

51
00:01:39,751 --> 00:01:43,090
THEY MADE IT EASY FOR ANYONE THAT NEEDED

52
00:01:43,091 --> 00:01:45,120
TO ACCESS THE PIPES IN THE FUTURE.

53
00:01:45,830 --> 00:01:46,700
SO FOR YOU,

00:01:46,710 --> 00:01:47,760
WHAT'S THREE THINGS?

55
00:01:47,761 --> 00:01:49,160
I WANT YOU TO ADD TO THIS AS WELL,

56
00:01:49,161 --> 00:01:50,430
TO GIVE YOU SOME EXAMPLES.

57
00:01:50,440 --> 00:01:51,800
THREE THINGS YOU CAN DO THAT CAN MAKE

58
00:01:51,801 --> 00:01:54,200
YOURS OR YOUR LIFE A LOT MORE EASIER,

59
00:01:54,201 --> 00:01:55,330
ESPECIALLY AT WORK.

60
00:01:55,340 --> 00:01:57,770
WELL, THE FIRST ONE QUITE A SIMPLE ONE

## 61

00:01:57,77l --> 00:01:59,130
THAT WE'VE TALKED ABOUT BEFORE.

62
00:01:59,140 --> 00:02:01,380
IMAGINE IF ON A REGULAR BASIS,

63
00:02:01,381 --> 00:02:02,980
LIKE DAILY WHEN YOU'RE AT WORK,

64
00:02:02,990 --> 00:02:04,340
BEFORE YOU LEAVE WORK,

65
00:02:04,350 --> 00:02:06,090
YOU WRITE A LIST OF THINGS THAT YOU

66
00:02:06,091 --> 00:02:08,810
NEED TO DO TOMORROW AND YOU PRIORITISE THAT

67
00:02:08,811 --> 00:02:09,460

LIST. REMEMBER,

68
00:02:09,470 --> 00:02:11,230 YOU HAVE YOUR "MUST DOS."

69
00:02:12,130 --> 00:02:13,000
HOW DOES THAT HELP YOU?

70
00:02:13,010 --> 00:02:14,930
WELL, YOU CAN GO HOME,

71

00:02:14,940 --> 00:02:16,650
HOPEFULLY LEAVING WORK AT WORK.

72
00:02:16,660 --> 00:02:18,080
WHEN YOU GET TO WORK TOMORROW,

73
00:02:18,081 --> 00:02:19,630
YOU ALREADY ORGANISED AND YOU CAN HIT

00:02:19,631 --> 00:02:20,530
THE GROUND RUNNING.

75
00:02:20,540 --> 00:02:21,550
SUPER EASY.

76
00:02:22,210 --> 00:02:24,830
EXAMPLE NUMBER TWO: IF YOU'RE LOOKING AFTER

## 77

00:02:24,831 --> 00:02:26,840
YOURSELF RIGHT NOW,

78
00:02:26,850 --> 00:02:28,080
MAJORLY IMPORTANT.

79
00:02:28,081 --> 00:02:29,630
I'M LOOKING AFTER MYSELF TO BE TO

80
00:02:29,631 --> 00:02:31,310
BE THERE FOR MY DAUGHTER AND OTHER THINGS.

81
00:02:31,320 --> 00:02:33,870
BUT SO YOU KNOW WHAT YOU EAT,

82
00:02:33,880 --> 00:02:35,550
WHAT TIME YOU SLEEP,

83
00:02:35,560 --> 00:02:35,960
YOU KNOW,

84
00:02:35,961 --> 00:02:37,580
NOT GOING OVERBOARD WHEN IT'S WORKING THE

85
00:02:37,581 --> 00:02:38,020
NEXT DAY,

86
00:02:38,021 --> 00:02:38,830
ALL THAT KIND OF STUFF.

87
00:02:38,840 --> 00:02:39,640
YOU KNOW THIS RIGHT?

00:02:39,650 --> 00:02:40,840
BUT IT'S BASIC STUFF,

89
00:02:40,850 --> 00:02:42,680
BUT IT ACTUALLY HELPS YOU,

90
00:02:42,690 --> 00:02:44,770
AND IT HELPS YOUR CLIENTS AS WELL,

91
00:02:44,771 --> 00:02:46,380
BECAUSE THE WAY YOU COMMUNICATE WITH THEM,

92
00:02:46,390 --> 00:02:47,730
YOU FOLLOW THROUGH WITH YOUR WORD AND

93
00:02:47,731 --> 00:02:48,660
ALL THAT KIND OF STUFF.

94
00:02:48,970 --> 00:02:51,890

## AND THE THIRD EXAMPLE IS THAT WHEN YOU'VE

95
00:02:51,891 --> 00:02:53,380
GOT AN UNCOMFORTABLE CALL TO MAKE OR

96
00:02:53,381 --> 00:02:54,380
YOU THINK IT'S UNCOMFORTABLE,

97
00:02:54,381 --> 00:02:56,360
YOU MIGHT HAVE SOME BAD NEWS TO DELIVER.

98
00:02:56,370 --> 00:02:57,300
YOU MIGHT BE CALLING.

99
00:02:57,301 --> 00:02:58,490
SOMEBODY HAS BEEN WAITING FOR A CAR

100
00:02:58,491 --> 00:02:59,410
FOR A LONG TIME.

101

00:02:59,420 --> 00:03:00,990 IT'S VERY EASY TO PUT THAT OFF.

102
00:03:01,000 --> 00:03:02,640
DON'T. MAKE THE CALL NOW.

103
00:03:03,010 --> 00:03:04,260
IMAGINE AGAIN,

104
00:03:04,261 --> 00:03:06,510
MAKING IT EASIER FOR YOURSELF AND YOUR

105
00:03:06,511 --> 00:03:08,570
CLIENT. THE LONGER WE DELAY,

106
00:03:08,571 --> 00:03:10,170
THE LONGER WE PROCRASTINATE,

107
00:03:10,180 --> 00:03:12,010
WHEN WE PUT THIS STUFF OFF,

108
00:03:12,020 --> 00:03:13,500
DOES IT GET EASIER OR HARDER?

109
00:03:13,510 --> 00:03:17,400
IT GETS HARDER AND BY DELAYING THAT

110
00:03:17,410 --> 00:03:19,020
YOU'RE ACTUALLY NOT BEING PRODUCTIVE AT

111
00:03:19,021 --> 00:03:20,170
ALL BECAUSE YOU'RE PROBABLY NOT DOING

112
00:03:20,171 --> 00:03:21,980
OTHER WORK BECAUSE YOU'RE THINKING ABOUT

113
00:03:21,981 --> 00:03:22,380
THAT CALL.

114
00:03:22,395 --> 00:03:25,055
SO THAT'S MY THREE THINGS TO MAKE YOUR

115
00:03:25,056 --> 00:03:25,855
LIFE. AND OF COURSE,

116
00:03:25,856 --> 00:03:27,225
THAT AFFECTS YOUR CLIENT AS WELL,

117
00:03:27,235 --> 00:03:28,015
DOESN'T IT?

118
00:03:28,025 --> 00:03:29,805
EITHER IN A POSITIVE OR A NEGATIVE WAY,

119
00:03:29,815 --> 00:03:31,985
DEPENDING ON HOW QUICKLY YOU'VE MADE

120
00:03:31,986 --> 00:03:33,655
THAT CALL AND HOW YOU'VE GOT ABOUT IT.

121
00:03:33,665 --> 00:03:37,365

SO ADD TO THAT LET'S MAKE OUR LIVES EASIER

122
00:03:37,375 --> 00:03:38,615
IN THE FUTURE.

123
00:03:38,625 --> 00:03:40,895
DON'T BE LIKE THE PLUMBING HERE.

124
00:03:40,905 --> 00:03:42,455
OKAY? ALRIGHT.

125
00:03:42,456 --> 00:03:43,105
HAVE AN AWESOME DAY.

126
00:03:43,106 --> 00:03:44,485
I HAVE AN AWESOME WEEK REACH OUT

127
00:03:44,486 --> 00:03:46,595
TO ME. I'D LOVE TO HEAR FROM YOU IF

00:03:46,596 --> 00:03:47,285
I CAN HELP IN ANY WAY.

129
00:03:47,286 --> 00:03:47,845
JUST LET ME KNOW.

130
00:03:47,855 --> 00:03:48,735
OKAY. BYE FOR NOW.

131
00:03:48,745 --> 00:03:49,455
CHEERS.

